Guide for use of CASE Learning Platform

| **Do this** | **Notes** |
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| **1.**  Go to the website for the CASE learning platform  Link to platform:  <https://dementialearning.eu/> | Select language by clicking on the tab with a flag in the upper list, on the right side.  . |
| **2.**  Go to the Units- tab in the upper list.  When you have completed the sequences in the unit you have to answer a quiz. | The units you should enter are as follows in the table below on the next page.  Each unit contains several sequences, you must do all the sequences in the units listed above. |
| **3.**  When you are done you should print out the diploma and send it to… | You can find the diploma when you….  Save it on your computer and print it out.  Send the diploma to Anna Svensson. |

| **Nbr** | **Unit** | **To do** | **Done** |
| --- | --- | --- | --- |
|  | **Facts about dementia and ageing** |  |  |
| 1.1 | How we change |  |  |
| 1.2 | How the world around us changes |  |  |
| 1.3 | What is dementia? - general introduction |  |  |
| 1.4 | Types of dementia |  |  |
| 1.5 | What are the differences between normal ageing and ageing with dementia? |  |  |
|  | **Supporting families** |  |  |
| 2.1 | How Dementia can Impact Families and Carers. |  |  |
| 2.2 | Carer Stress |  |  |
| 2.3 | Supporting Children to Understand Dementia |  |  |
| 2.4 | Types of Support Available |  |  |
| 2.5 | Planning for the future |  |  |
|  | **Physical environment** |  |  |
| 3.1 | Introduction |  |  |
| 3.2 | Outside the home, the front door and hallway |  |  |
| 3.3 | The kitchen |  |  |
| 3.4 | The living room |  |  |
| 3.5 | The bedroom |  |  |
| 3.6 | The bathroom |  |  |
|  | **Life Stories** |  |  |
| 4.1 | Life stories within health and social care |  |  |
| 4.2 | Implementation of the life story |  |  |
| 4.3 | Use of the life story in practice |  |  |
| 4.4 | Reminiscence |  |  |
|  | **Communication** |  |  |
| 5.1 | A few notes on communication |  |  |
| 5.2 | Communicating with people with dementia |  |  |
| 5.3 | Verbal and non-verbal communication |  |  |
| 5.4 | Facing behavioral changes |  |  |
| 5.5 | Cognitive symptoms and communication difficulties |  |  |
| 5.6 | Alternative communication methods for dementia |  |  |
| 5.7 | Tips and advice for communication with people with dementia |  |  |
|  | **Loss and grief** |  |  |
| 6.1 | Loss and grief in relation to dementia, an introduction |  |  |
| 6.2 | Loss and grief for the person with dementia |  |  |
| 6.3 | Loss and grief, relatives perspective |  |  |
|  | Risk and safety |  |  |
| 7.1 | Risk & Safety |  |  |
| 7.2 | Risk prevention |  |  |
|  | **Health, hygiene and well being** |  |  |
| 8.1 | The effects of dementia on person's everyday life |  |  |
| 8.2 | Ensuring physical and emotional well-being |  |  |
|  | **Laws and guidelines** |  |  |
| 9.1 | International Laws and Guidelines |  |  |
| 9.2 | Laws and Guidelines in Scotland |  |  |
| 9.3 | The Spanish & Basque Context |  |  |
| 9.4 | Laws and Guidelines in Latvia |  |  |
| 9.5 | Laws and guidelines Sweden |  |  |
| 9.6 | Laws and guidelines Romania |  |  |